PE - statement of intent



We aim to inspire all children to enjoy physical activity and sport. Through good physical education, whole school values and a whole-child approach, we aim to nurture confident, resilient children who always strive for their personal best. We listen to our children and provide them with a range of active experiences and clubs. Each child will have opportunities to excel in competition and immerse themselves in physically demanding activities. We want to aid our children in obtaining the values and skills necessary to celebrate and respect the success of others as well as modestly celebrating their own successes.

We provide opportunities for children to learn how to stay safe and feel physically confident by starting swimming lessons in Year 3 and continuing throughout their time with us. Children become confident in the water, develop a strong understanding of water safety and also meet the National Curriculum requirements of swimming 25m by the end of Year 6.

Using our Get Set 4 PE Curriculum, alongside PSHE and science, teaches children about the importance of healthy living and learning about the need for good nutrition. We strive to ensure that the delivery of our varied and stimulating programme of activity allows all children to have the skills and mind-set to leave our school with the capabilities to be successful in their sporting challenges and active lifestyles. We aim for children to develop the necessary knowledge and skills, through links with local clubs and partnerships within our community as well as our PE lessons and cross-curricular activities, which will have a positive impact on their future. Our goal is for our children to become physically active citizens, to benefit their long-term health and well-being and encourage development of a lifelong interest in physical activity.

Physical education also provides opportunities for pupils to experience joy, teamwork and perseverance, fostering qualities such as respect, humility and gratitude. Through moments of challenge and achievement, children learn resilience and develop a sense of purpose—key aspects that complement physical and emotional well-being.